



ome
 and upgrade of Australia's oldest tennis club into a state-of-the-
 e is finally complete.

million Next Generation Royal Kings Park Tennis Club
 n two dozen tennis courts, five squash courts, a first-class
 ms and a rooftop pool, bar and deck with city views, as well
 r pool.

a creche, licensed cafe, sports store and day spa. There are
 facilities in the complex, which has been under construction
 8 months.

Next Generation's second in WA – the other is in Bibra Lake.
 enerationclubs.com.au or 1800 077 177.

K study suggests exercising

getting a flu shot may increase

he vaccine's effectiveness.

a way to give damaged locks a lift with a new
 bed as a facial for your hair.

scalp renewal treatment is much more than just a hair
 a mini in-salon pampering session.
 air's being revived with essential oils and natural plant
 be treated to a scalp, shoulder and hand massage and

at aveda.com or call Element Aveda on (08) 9322
 n) or (08) 9382 3004 (Subiaco).


to give stressed tresses a new lease of life is with a
 tangara nanokeratin, developed by a scientist in Brazil.

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 to put the
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 types and
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