

tried & tested

Battle scars

SOOTHE AND REPAIR DAMAGED SKIN WITH THESE HEALING FORMULAS



Stretch marks after pregnancy like Kate Beckinsale? Banish them at once!

1

You want:
To get rid of ingrown scars on your legs and bikini line
You need:
Certified Organic Rosehip Oil
\$16.95
TRILOGY



2

You want:
An oil to fade your stretch marks
You need:
Vitamin E Scar Serum
\$19.95
PALMER'S COCOA BUTTER FORMULA

3

You want:
A treatment that lightens acne scarring
You need:
Anew Clinical Laser Serum
\$69.95
AVON



INSIDER'S TIP

MELLOW THE YELLOW WITH THIS TOP NAIL TIP



JLo knows how to keep her nails in tip-top shape

Keen to give polish a rest, but scared your stained nails will have you mistaken for a chain smoker? Essie Weingarten, who tended to JLo's talons before founding the Essie cosmetic brand, says, 'Apply the peel of fresh lemon or grapefruit to your nails. The citric acid will help remove the yellow colour. And always use a topcoat. It will help protect nail colour from harmful UVA/UVB rays. Think of it as sun block for your nails.'



Topcoat
\$16.95
ESSIE

Treatment of the week

TREAT YOUR HAIR TO A REPAIR SYSTEM WORTH ITS WEIGHT IN GOLD!

What: Tanagra Nanokeratin is a Brazilian salon treatment that uses keratin to restore hair's structure and adds bounce and shine.



Who: Celebs Danni Minogue and Demi Moore (right) keep their manes in shape with this treatment. We sent along OK! beauty editor Tessa to give her tresses some TLC.

Our experience: 'The session started at the basin with a double deep cleanse to get rid of product build-up. Back in front of the mirror, I stuck my nose in a mag while the stylist dried off my hair. Next, he used a wide bristle brush on sections of my hair. The brush was connected by a cord to a clear, liquid-filled box on the table that released white wispy smoke – thankfully odourless – through my hair. That smoke is actually tiny particles of keratin (the fancy name for the protein that hair is made of) being lodged into the hair shaft. The stylist sealed in the keratin with a straightener before the third stage – the repairing mist. I left the salon after an hour with straight, shiny hair, and the silkiest ever.'

The verdict: 'My hair was so silky I couldn't stop running my fingers through it,' Tessa says. One treatment is 80 per cent effective, but a course of three will leave your hair 100 per cent repaired.

Where: We tried it at Mahogany in Sydney's Potts Point, which charges \$100 for long hair. To find a salon in your area that offers Tanagra Nanokeratin, call 1300 797 778.



To let the keratin do its magic, keep your hair out of the water for at least 24 hours after the treatment. The results will last longer